



The Qi Station

HEALTH COLLECTIVE

The Qi Station Announces a New Collaborative Model for Holistic Wellness in Vancouver

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The Qi Station, a holistic wellness clinic at 119 W Pender St in downtown Vancouver, has expanded from a solo acupuncture practice into a multi-practitioner team offering a wide range of traditional and modern healing modalities. The clinic now brings together registered acupuncturists, a Reiki master, an herbalist, a craniosacral therapist, and other wellness practitioners under one roof.

The expansion follows a rebranding that saw what was once a single-practitioner acupuncture clinic transform into a collaborative wellness space. The name The Qi Station reflects the clinic's mission to be a restorative stop where vital energy (Qi, pronounced "chee") can be nourished and replenished. The koi fish in their logo symbolizes perseverance on the healing path and the fluid movement of life force through the body.

Founded by Delphine Baumer, a registered acupuncturist who has been practicing in Vancouver since 2009, The Qi Station was built on the idea that collaborative care produces better outcomes than any single practitioner working alone. After eight years of practicing in Vancouver clinics, Baumer opened her own acupuncture practice in the downtown area in 2017. What started as her own clinic has naturally evolved into a shared space where practitioners support each other and their patients in a more integrated way.

"What began as my own practice naturally grew into something bigger," said Baumer. "I realized that the best care comes from a team where each practitioner brings their own strengths. We built a space where collaboration is part of the healing process itself."

The clinic offers acupuncture, reiki energy healing, sound healing with crystal singing bowls, microneedling, moxibustion, fire cupping, herbal medicine, craniosacral therapy, and Brazilian lymphatic drainage. These treatments address a wide range of concerns including chronic and acute pain, stress and anxiety, sleep disorders, digestive issues, hormonal imbalances, skin concerns, and immune support. Each treatment is tailored to the individual, with practitioners working together on care plans when a client's needs span multiple modalities. Those interested can explore the full range of services online.

The team includes Trace-Ace Borgnetta, a registered acupuncturist who specializes in fire cupping, microneedling, and facial cosmetic acupuncture. Her journey into traditional Chinese medicine began with her own struggles with chronic pain, gut health, and sleep disorders, a personal experience that informs her compassionate approach to patient care. She also creates the macrame art pieces displayed throughout the clinic.

Katie serves as the clinic's Reiki master and events coordinator, holding a Level 3 Shinpiden certification. Her sessions focus on clearing energy blockages and promoting emotional clarity. Natalia rounds out the team as an herbalist and craniosacral therapist, working with patients who need deeper support for internal balance and nervous system regulation.

"It's been incredible to watch the team come together," said Borgnetta. "Each of us has different training and different strengths, but we share the same philosophy: healing happens best in a supportive, collaborative environment. When a patient comes in for acupuncture and also needs energy work or herbal support, we can coordinate that care directly instead of sending them somewhere else."

The expanded team model reflects a broader shift in how Vancouver residents approach wellness. With stress-related health concerns on the rise and growing interest in non-pharmaceutical approaches to pain management, clinics like The Qi Station offer an alternative that combines evidence-informed techniques with traditional healing practices. The clinic's Google Business Profile provides more information on location and hours.

Beyond its clinical work, The Qi Station operates a Karma Care program, a donation-funded initiative that subsidizes treatments for clients who might not otherwise afford them. The program reflects Baumer's long-standing commitment to accessible healthcare, a value she built into the clinic from the very beginning.

"We've always believed that healthcare should be accessible to everyone, regardless of financial means," Baumer said. "Karma Care is funded entirely by donations from our community. Every dollar goes directly to helping someone get the care they need. It's not a marketing program, it's a core part of who we are."

The clinic space itself is designed to feel more like a home than a medical office, with warm lighting and a calming atmosphere intended to put visitors at ease as soon as they walk through the door. The team plans to introduce community workshops and art-based healing events in the coming months, further expanding their reach beyond one-on-one treatments. Borgnetta's community art workshops are expected to launch later this year.

As the demand for holistic wellness continues to grow in Vancouver, The Qi Station's collaborative model positions it to serve a wider range of needs than a traditional single-practitioner clinic. The team plans to add more practitioners over the next year, building on the foundation they have established. The clinic also offers continuing education resources for practitioners looking to deepen their skills, supporting the broader health community in addition to their direct patient care.

Based in downtown Vancouver, The Qi Station is a collaborative holistic wellness clinic offering acupuncture, reiki, sound healing, microneedling, moxibustion, fire cupping, herbal medicine, and craniosacral therapy. Founded by registered acupuncturist Delphine Baumer, the clinic provides personalized care in a warm, home-like environment and operates a Karma Care program to make treatments accessible to those in need. Visit theqistation.com or call 604-764-6852 for more information.

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The Qi Station is a wellness-focused platform offering educational resources, products, and services centered on holistic health, energy balance, and personal well-being, helping individuals improve physical, mental, and spiritual vitality.

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